

LASER AESTHETICS CAPE COD

NEUROTOXINS **(BOTOX, XEOMIN, DYSPORT)** **PRE - TREATMENT INSTRUCTIONS**

It is prudent to follow some **simple guidelines** before treatment that can make all the **difference between a fair and great result**, by reducing some possible side effects associated with the injections. We realize that this is not always possible. However, **minimizing these risks is always desirable.**

- **Avoid Alcoholic Beverages** at least **24 hours prior** to treatment (alcohol may thin the blood increasing the risk of bruising).
- **Avoid Anit-inflammatory / Blood Thinning medications** ideally for a period of **one (1) week before treatment**. Medications and supplements such as Aspirin, Vitamin E, Ginkgo Biloba, St. John's Wort, Ibuprofen, Motrin, Advil, Aleve, Vioxx, and other NSAIDS are all blood thinning and can increase the risk of bruising / swelling after injections.
- **Schedule your appointment at least two (2) weeks prior to a special event which may be occurring, i.e., wedding, vacation, ect.** It is not desirable to have a very special event occurring and be bruised from an injection which could have been avoided.